

# Cedar City, UT - Iron CO.

## New Directions Adult Substance Abuse Lifeskills Course: Evaluations

### COACH'S EVALUATION

Please complete the following evaluation of this program. We are very interested in your responses as the coach. Please use dark ink as these evaluations are copied. If you need more room, attach a sheet of paper.

- This workbook was designed to help everyone, not only those involved in drugs and alcohol. What are your feelings about this program? I LEARNED A LOT AS I WENT THROUGH THE BOOK WITH CARTER. IT MADE AND HELPED ME WANT TO MAKE THESE CHANGES AS WELL. I FELT A STRENGTH AND POWER COME FROM THE BOOK AS WE READ IT. IT WAS TRULY SELF EMPOWERING. I AM EXCITED TO SEE CARTER TAKE THESE CHANGES AND TO APPLY THEM TO MY WIFE AS WELL.
- Were there any part(s) in the workbook that helped you personally? YES If yes, how? I WANT TO APPLY THE UNIT ABOUT ANGER AND SKILLS FOR LIFE IN MY LIFE
- Did the workbook in any part relate to your student's life? YES How? CARTER HAS SEEMED TO STRUGGLE WITH SELF WORTH, DENIAL, AND ANGER MOST OF HIS LIFE.
- Do you know other people that this program could help? YES How? I AM IN JAIL WITH A BUNCH OF DRUG ADDICTS

Coach's Name: \_\_\_\_\_ Relationship to Student: LDORM ROOMMATE

BE SURE THAT THIS PAGE IS COMPLETE AND BOTH OF YOU SIGN THE AFFIDAVIT. →

### STUDENT'S EVALUATION

Please complete the following evaluation of the program. We are very interested in your responses. What are your general feelings about this workbook? If you need more room, attach a sheet of paper. Please use dark ink.

Although I don't come from a physically abusive home, where love was not existent, I did somehow learn how to hate myself because I was not perfect. It has caused me pain long before my drug addiction. This workbook helped me with the knowledge, skills, and tools to be the captain of my ship. It gave me hope that I can be the man I want to be.

Would you recommend this program to others? (Circle) YES NO Why? It helped me and I know it can help others with my problem.

What was the most helpful part of the workbook? I liked it all and it was all relevant, but I really enjoyed the motivational thoughts & stories & applying it to me.

What was the least helpful part? I really felt like it was helpful from start to finish the only thing I might change is that it repeats itself a lot in questions.

Will you ever purposely commit a crime again? No Explain. Because I want to change and want take the steps to a happier and more peaceful life.

What do you plan to do differently in your life that will enable you to prevent this situation from happening again? Continue in my recovery. Addiction never sleeps, so I plan on attaching it to the rest of my life.

Student's Name: \_\_\_\_\_ Date Started: 5/2 Date Finished: 5/9  
Referring Court or Agency: Iron County Jail State: UT Your offense: Distribution / Possession  
Your Occupation: Former Teacher / Coach (HS) Sex: (Male) Female Age: 34